



Universität  
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# 16. Relativistic corrections in atoms

A talk for the Proseminar in Theoretical Physics

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# Motivation

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## MOTIVATION: CORRECTION TERMS

Where do these terms come from?

$$H_1 = -\frac{(\vec{p}^2)^2}{8m^3} \quad \text{Relativistic mass correction}$$

$$H_2 = \frac{e}{4m^2} \frac{1}{r} \frac{\partial \Phi}{\partial r} \vec{\sigma} \cdot \vec{L} \quad \text{Spin-orbit coupling}$$

$$H_3 = \frac{e}{8m^2} \Delta \Phi \quad \text{Darwin term}$$

As we will see, these terms arise from relativistic corrections but persist after taking the non-relativistic limit.

## MOTIVATION: THE DIRAC EQUATION

Relativistic corrections: starting point Dirac equation:

$$H\psi = (\vec{\alpha} \cdot \vec{p} + \beta m)\psi = i\frac{\partial}{\partial t}\psi$$

Unperturbed Hamiltonian:

$$H = \frac{p^2}{2m} + V$$

## MOTIVATION: THE DIRAC EQUATION

Dirac Equation (DE) yields solutions which are...

- ...electrically charged (optional)
- ...massive (optional)
- ...with spin 1/2
- ...relativistic

While considering  $e^-$ s, we want to examine the non-relativistic limit of the DE.

## MOTIVATION: THE DIRAC EQUATION

The DE is actually four coupled equations. Problem:

$$\beta = \begin{pmatrix} \mathbb{I}_2 & 0 \\ 0 & -\mathbb{I}_2 \end{pmatrix} \text{ is even, but } \vec{\alpha} = \begin{pmatrix} 0 & \vec{\sigma} \\ \vec{\sigma} & 0 \end{pmatrix} \text{ is odd!}$$

What does this mean, and why is this a problem?

## MOTIVATION: SPINOR SOLUTIONS

Solutions of the DE are represented by 4-component spinors.

$$\psi = \begin{pmatrix} \varphi \\ \chi \end{pmatrix} = \begin{pmatrix} \text{"large" component, } E > 0 \\ \text{"small" component, } E < 0 \end{pmatrix} \xrightarrow{\frac{v}{c} \rightarrow 0} \begin{pmatrix} \varphi \\ 0 \end{pmatrix}$$

We want to decouple the DE into two 2-component equations.

Even matrices:  $\mathcal{E} = \begin{pmatrix} * & 0 \\ 0 & * \end{pmatrix}$  Odd matrices:  $\mathcal{O} = \begin{pmatrix} * & * \\ * & * \end{pmatrix}$

Goal: Block diagonalise the Hamiltonian!

## MOTIVATION: FOLDY-WOUTHUYSEN TRANSFORMATION

Foldy-Wouthuysen transformation [2]:

- *Physical Review*, 1950
- Canonical unitary transformation
- Change of basis
- Must not change the spectrum

$$\psi \longrightarrow \psi' = e^{iS} \psi$$

$$i\partial_t \psi' \stackrel{!}{=} H' \psi'$$

→ Blackboard

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→ Blackboard

$$\Rightarrow H' = e^{iS} (H - i\partial_t) e^{-iS}$$

## MOTIVATION: FOLDY-WOUTHUYSEN TRANSFORMATION

The goal is to derive the three corrections to the Hamiltonian analytically instead of heuristically.

## MOTIVATION: FOLDY-WOUTHUYSEN TRANSFORMATION

The goal is to derive the three corrections to the Hamiltonian analytically instead of heuristically.

We will do this once, so we will never have to do it again!

## Transformation of free particles

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## FREE PARTICLES: ANSATZ

Dirac-Hamiltonian for free particles ( $V=0$ ):

$$H = \vec{\alpha} \cdot \vec{p} + m\beta$$

We want to rotate in the spinor space. In order for  $e^{iS_0}$  to be unitary,  $S_0$  must be Hermitian. Ansatz:

$$iS_0 = \beta \frac{\vec{\alpha} \cdot \vec{p}}{|\vec{p}|} \vartheta(\vec{p})$$

$$\Rightarrow e^{\pm iS_0} = e^{\pm \beta \frac{\vec{\alpha} \cdot \vec{p}}{|\vec{p}|} \vartheta(\vec{p})} = \cos \vartheta \pm \frac{\vec{\alpha} \cdot \vec{p}}{|\vec{p}|} \sin \vartheta$$

## FREE PARTICLES: IDENTITIES

Useful identities:

We have:  $\{\alpha^i, \beta\} = 0$ , i.e.  $\alpha^i \beta = -\beta \alpha^i$

Furthermore,  $(\vec{\alpha} \cdot \vec{p})^2 = |\vec{p}|^2$

$$(\beta \vec{\alpha} \cdot \vec{p})^2 = -|\vec{p}|^2$$

We want to compute

$$H' = e^{iS_0} (H - i\partial_t) e^{-iS_0}$$

→ Blackboard

# FREE PARTICLES: NEW HAMILTONIAN

The computation yields

$$H' = \vec{\alpha} \cdot \vec{p} \left( \underbrace{\cos 2\vartheta - \frac{m}{|\vec{p}|} \sin 2\vartheta}_{\stackrel{!}{=} 0} \right) + \beta m \left( \cos 2\vartheta + \frac{|\vec{p}|}{m} \sin 2\vartheta \right)$$

$$\Rightarrow \tan 2\vartheta = \frac{|\vec{p}|}{m}$$

$$\Rightarrow \sin 2\vartheta = \frac{\tan 2\vartheta}{\sqrt{1 + \tan^2 2\vartheta}} = \frac{|\vec{p}|}{\sqrt{m^2 + |\vec{p}|^2}}, \quad \cos 2\vartheta = \frac{m}{\sqrt{m^2 + |\vec{p}|^2}}$$

$$\Rightarrow H' = \beta \sqrt{|\vec{p}|^2 + m^2}$$

## FREE PARTICLES: NEW HAMILTONIAN

Our transformed Hamiltonian

$$H' = \beta \sqrt{\vec{p}^2 + m^2}$$

is diagonalised!

$$H' = \begin{pmatrix} E & & & \\ & E & & \\ & & -E & \\ & & & -E \end{pmatrix} \text{ with } E > 0$$

This only works analytically for free particles.

## Transformation under Interaction with Electromagnetic Field

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Couple to the electromagnetic field → modify the Dirac-Hamilton-Operator

$$\begin{aligned}\vec{p} &\rightarrow \vec{p} - e\vec{A} \quad V = 0 \rightarrow e\Phi \\ \Rightarrow H &= \vec{\alpha} \cdot (\vec{p} - e\vec{A}) + \beta m + e\Phi \\ &= \beta m + \mathcal{E} + \mathcal{O}\end{aligned}$$

with

$$\mathcal{E} = e\Phi \quad \text{and} \quad \mathcal{O} = \vec{\alpha} \cdot (\vec{p} - e\vec{A})$$

and  $\vec{A}$ : magnetic vector potential ( $\vec{\nabla} \times \vec{A} = \vec{B}$ )

Recapitulate Ansatz and condition [4]:

$$iS_0 = \beta \frac{\vec{\alpha} \cdot \vec{p}}{|\vec{p}|} \vartheta \quad \text{and} \quad \tan(2\vartheta) = \frac{|\vec{p}|}{m}$$

For small  $\vartheta$  (non-relativistic case), we have:

$$S_0 \approx -\frac{i}{2m} \beta \vec{\alpha} \cdot \vec{p} \quad \Rightarrow \quad S = -\frac{i}{2m} \beta \mathcal{O}$$

as a new Ansatz. However, the coupling does not allow for an analytic expression for  $e^{iS}$ .

⇒ We expand  $e^{iS}$  in  $\frac{1}{m}$ .

Baker-Campbell-Hausdorff identity:

$$\begin{aligned} e^A B e^{-A} &= \sum_{n=0}^{\infty} \frac{1}{n!} [A, B]_n \\ &= B + [A, B] + \cdots + \frac{1}{n!} [A, [A, \cdots, [A, B] \cdots]] + \cdots \end{aligned}$$

yields:

$$\begin{aligned} H' &= e^{iS} (H - i\partial_t) e^{-iS} \\ &= H + i[S, H] - \frac{1}{2}[S, [S, H]] - \frac{i}{6}[S, [S, [S, H]]] \\ &\quad + \frac{1}{24}[S, [S, [S, [S, H]]]] - \dot{S} - \frac{i}{2}[S, \dot{S}] \end{aligned}$$

with even terms up to  $m^{-3}$  and odd terms up to  $m^{-2}$ .

## EM INTERACTION: EVENNESS AND ODDNESS

In this context, an operator  $\mathcal{E}$  resp.  $\mathcal{O}$  is *even* resp. *odd* iff

$$\beta\mathcal{E} = \mathcal{E}\beta \quad \text{resp.} \quad \beta\mathcal{O} = -\mathcal{O}\beta$$

Thus it follows:

$$\mathcal{E} \text{ even} \Rightarrow \mathcal{E}^n \text{ even} \qquad \qquad \forall n \in \mathbb{N}$$

$$\mathcal{O} \text{ odd} \Rightarrow \mathcal{O}^{2n} \text{ even}, \mathcal{O}^{2n+1} \text{ odd} \qquad \qquad \forall n \in \mathbb{N}$$

End goal: transform away any  $\mathcal{O}$ 's.

Brute force calculation:

$$H = \beta m + \mathcal{E} + \mathcal{O}$$

$$S = -\frac{i}{2m} \beta \mathcal{O}$$

$$i[S, H] = -\mathcal{O} + \frac{\beta}{2m} [\mathcal{O}, \mathcal{E}] + \frac{1}{m} \beta \mathcal{O}^2$$

$$-\frac{1}{2}[S, [S, H]] = -\frac{\beta \mathcal{O}^2}{2m} - \frac{1}{2m^2} \mathcal{O}^3 - \frac{1}{8m^2} [\mathcal{O}, [\mathcal{O}, \mathcal{E}]]$$

$$-\frac{i}{6}[S, [S, [S, H]]] = \frac{\mathcal{O}^3}{6m^2} - \frac{1}{6m^2} \beta \mathcal{O}^4$$

$$\frac{1}{24}[S, [S, [S, [S, H]]]] = \frac{\beta \mathcal{O}^4}{24m^3}$$

Brute force calculation:

$$H = \beta m + \mathcal{E} + \mathcal{O}$$

$$S = -\frac{i}{2m} \beta \mathcal{O}$$

$$-\dot{S} = \frac{i}{2m} \beta \dot{\mathcal{O}}$$

$$-\frac{i}{2} [S, \dot{S}] = -\frac{i}{8m^2} [\mathcal{O}, \dot{\mathcal{O}}]$$

Input of computed commutators into Hamiltonian:

$$\begin{aligned} H' = & H + i[S, H] - \frac{1}{2}[S, [S, H]] - \frac{i}{6}[S, [S, [S, H]]] \\ & + \frac{1}{24}[S, [S, [S, [S, H]]]] - \dot{S} - \frac{i}{2}[S, \dot{S}] \\ = & \beta m + \beta \left( \frac{\mathcal{O}^2}{2m} - \frac{\mathcal{O}^4}{8m^3} \right) + \mathcal{E} - \frac{1}{8m^2}[\mathcal{O}, [\mathcal{O}, \mathcal{E}]] - \frac{i}{8m^2}[\mathcal{O}, \dot{\mathcal{O}}] \\ & + \frac{\beta}{2m}[\mathcal{O}, \mathcal{E}] - \frac{\mathcal{O}^3}{3m^2} + \frac{i\beta\dot{\mathcal{O}}}{2m} \end{aligned}$$

Recall:

$$\mathcal{E} \text{ even} \Rightarrow \mathcal{E}^n \text{ even} \quad \forall n \in \mathbb{N}$$

$$\mathcal{O} \text{ odd} \Rightarrow \mathcal{O}^{2n} \text{ even}, \mathcal{O}^{2n+1} \text{ odd} \quad \forall n \in \mathbb{N}$$

Pairing of terms:

$$\begin{aligned} H' &= \beta m + \left( \beta \left( \frac{\mathcal{O}^2}{2m} - \frac{\mathcal{O}^4}{8m^3} \right) + \mathcal{E} - \frac{1}{8m^2} [\mathcal{O}, [\mathcal{O}, \mathcal{E}]] - \frac{i}{8m^2} [\mathcal{O}, \dot{\mathcal{O}}] \right) \\ &\quad + \left( \frac{\beta}{2m} [\mathcal{O}, \mathcal{E}] - \frac{\mathcal{O}^3}{3m^2} + \frac{i\beta\dot{\mathcal{O}}}{2m} \right) \\ &\equiv \beta m + \mathcal{E}' + \mathcal{O}' \quad \Rightarrow \quad \mathcal{O}' \sim \frac{1}{m} \end{aligned}$$

$\mathcal{O}$  went away, but  $\mathcal{O}'$  remains. What do we do?

2nd Foldy-Wouthuysen transformation:

$$S = -\frac{i\beta}{2m}\mathcal{O}$$

implies new Ansatz

$$\begin{aligned} S' &= -\frac{i\beta}{2m}\mathcal{O}' \\ &= -\frac{i\beta}{2m} \left( \frac{\beta}{2m} [\mathcal{O}, \mathcal{E}] - \frac{\mathcal{O}^3}{3m^2} + \frac{i\beta\dot{\mathcal{O}}}{2m} \right) \end{aligned}$$

2nd Foldy-Wouthuysen transformation:

$$\begin{aligned}
 S' &= -\frac{i\beta}{2m} \left( \frac{\beta}{2m} [\mathcal{O}, \mathcal{E}] - \frac{\mathcal{O}^3}{3m^2} + \frac{i\beta\dot{\mathcal{O}}}{2m} \right) \\
 \Rightarrow H'' &= e^{iS'} (H' - i\partial_t) e^{-iS'} \\
 &= \beta m + \mathcal{E}' + \left( \frac{\beta}{2m} [\mathcal{O}', \mathcal{E}'] + \frac{i\beta\dot{\mathcal{O}}'}{2m} \right) \\
 &\equiv \beta m + \mathcal{E}' + \mathcal{O}'' \quad \Rightarrow \quad \mathcal{O}'' \sim \frac{1}{m^2}
 \end{aligned}$$

$\mathcal{O}'$  refuses to leave quite so easily. What do we do?

3rd Foldy-Wouthuysen transformation:

$$\begin{aligned} S'' &= -\frac{i\beta}{2m}\mathcal{O}'' = -\frac{i\beta}{2m}\left(\frac{\beta}{2m}[\mathcal{O}', \mathcal{E}'] + \frac{i\beta\dot{\mathcal{O}}'}{2m}\right) \\ \Rightarrow H''' &= e^{iS''}(H'' - i\partial_t)e^{-iS''} \\ &= \beta\left(m + \frac{\mathcal{O}^2}{2m} - \frac{\mathcal{O}^4}{8m^3}\right) + \mathcal{E} - \frac{1}{8m^2}\left[\mathcal{O}, [\mathcal{O}, \mathcal{E}] + i\dot{\mathcal{O}}\right] \\ &\equiv \beta m + \mathcal{E}' \end{aligned}$$

Finally! (Ignore new even terms of higher order)

Modify the Dirac-Hamilton-Operator

$$\begin{aligned} H''' &= \beta \left( m + \frac{\mathcal{O}^2}{2m} - \frac{\mathcal{O}^4}{8m^3} \right) + \mathcal{E} - \frac{1}{8m^2} [\mathcal{O}, [\mathcal{O}, \mathcal{E}] + i\dot{\mathcal{O}}] \\ &= \beta m + \mathcal{E}' \end{aligned}$$

with

$$\mathcal{E} = e\Phi \quad \text{and} \quad \mathcal{O} = \vec{\alpha} \cdot (\vec{p} - e\vec{A})$$

Brute force calculation:

$$\frac{\mathcal{O}^2}{2m} = \frac{1}{2m}(\vec{p} - e\vec{A})^2 - \frac{e}{2m}\vec{\Sigma} \cdot \vec{B}$$

$$\frac{\mathcal{O}^4}{8m^3} = \frac{1}{8m^3}[(\vec{p} - e\vec{A})^2 - e\vec{\Sigma} \cdot \vec{B}]^2 \approx \frac{\vec{p}^4}{8m^3}$$

$$[\mathcal{O}, [\mathcal{O}, \mathcal{E}] + i\dot{\mathcal{O}}] = ie(\vec{p} \cdot \vec{E} + \vec{\Sigma} \cdot (\vec{\nabla} \times \vec{E}) - 2i\vec{\Sigma} \cdot (\vec{E} \times (\vec{p} - e\vec{A})))$$

with

$$\vec{\Sigma} = \begin{pmatrix} \vec{\sigma} & 0 \\ 0 & \vec{\sigma} \end{pmatrix} \quad \text{rot} \vec{E} = 0$$

Input into coupled Hamiltonian:

$$\begin{aligned} H''' &= \beta \left( m + \frac{\mathcal{O}^2}{2m} - \frac{\mathcal{O}^4}{8m^3} \right) + \mathcal{E} - \frac{1}{8m^2} \left[ \mathcal{O}, [\mathcal{O}, \mathcal{E}] + i\dot{\mathcal{O}} \right] \\ &= \beta \left( m + \frac{(\vec{p} - e\vec{A})^2}{2m} - \frac{e}{2m} \vec{\Sigma} \cdot \vec{B} - \frac{\vec{p}^4}{8m^3} \right) + e\Phi \\ &\quad - \frac{e}{8m^2} \left( 2\vec{\Sigma} \cdot (\vec{E} \times (\vec{p} - e\vec{A})) - \text{div} \vec{E} \right) \end{aligned}$$

Hamiltonian  $H'''$  decoupled, apply to two-component spinor  $\varphi$ :

$$\psi \rightarrow \begin{pmatrix} \varphi \\ 0 \end{pmatrix}, \quad \beta \rightarrow \mathbb{I}_2, \quad \vec{\Sigma} \rightarrow \vec{\sigma}$$

$$\begin{aligned} H''' &= \beta \left( m + \frac{(\vec{p} - e\vec{A})^2}{2m} - \frac{e}{2m} \vec{\Sigma} \cdot \vec{B} - \frac{\vec{p}^4}{8m^3} \right) + e\Phi \\ &\quad - \frac{e}{8m^2} \left( 2\vec{\Sigma} \cdot (\vec{E} \times (\vec{p} - e\vec{A})) - \text{div} \vec{E} \right) \\ &\rightarrow m + \frac{1}{2m} (\vec{p} - e\vec{A})^2 + e\Phi - \frac{e}{2m} \vec{\sigma} \cdot \vec{B} \\ &\quad - \frac{\vec{p}^4}{8m^3} - \frac{e}{4m^2} \vec{\sigma} \cdot (\vec{E} \times (\vec{p} - e\vec{A})) - \frac{e}{8m^2} \text{div} \vec{E} \end{aligned}$$

## EM INTERACTION: TERMS

What do those terms mean?

$$H''' = \underbrace{\hat{m}}_{\text{rest mass}} + \underbrace{\frac{1}{2m}(\vec{p} - e\vec{A})^2}_{\text{kinetic energy}} + \underbrace{e\hat{\Phi}}_{\text{potential}} - \underbrace{\frac{e}{2m}\vec{\sigma} \cdot \vec{B}}_{\text{coupling } \vec{\mu} \text{ to } \vec{B}} \\ - \underbrace{\frac{\vec{p}^4}{8m^3}}_{\text{mass correction}} - \underbrace{\frac{e}{4m^2}\vec{\sigma} \cdot (\vec{E} \times (\vec{p} - e\vec{A}))}_{\text{spin-orbit coupling}} - \underbrace{\frac{e}{8m^2} \text{div} \vec{E}}_{\text{Darwin term}}$$

## EM INTERACTION: TERMS

Finally, application to hydrogen-like atoms:

$$\Phi \sim \frac{1}{r}, \quad \vec{E} = -\vec{\nabla}\Phi(r) = -\frac{1}{r}\frac{\partial\Phi}{\partial r}\vec{x}, \quad \vec{A} = 0, \quad \vec{\sigma} \cdot (\vec{E} \times \vec{p}) = -\frac{1}{r}\frac{\partial\Phi}{\partial r}\vec{\sigma} \cdot \vec{L}$$

$$H_1 = -\frac{(\vec{p}^2)^2}{8m^3} \quad \text{Relativistic mass correction}$$

$$H_2 = \frac{e}{4m^2} \frac{1}{r} \frac{\partial\Phi}{\partial r} \vec{\sigma} \cdot \vec{L} \quad \text{Spin-orbit coupling}$$

$$H_3 = \frac{e}{8m^2} \Delta\Phi \quad \text{Darwin term}$$

## Physical Interpretation

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## CORRECTION I: RELATIVISTIC MASS CORRECTION

Heuristically: expand relativistic energy-momentum relation

$$E = E_0 + T = \sqrt{p^2 + m^2} = m + \frac{p^2}{2m} - \frac{p^4}{8m^3} + O(p^6)$$
$$\Rightarrow H_1 = -\frac{p^4}{8m^3}$$

Schrödinger equation a solid approximation, as by the virial theorem:

$$v \sim \alpha \simeq \frac{1}{137}$$

Would scale with  $Z$ .

## CORRECTION II: SPIN-ORBIT COUPLING

Interaction between magnetic moment of spin of electron

$$\mu_s = -g\mu_B \vec{S}, \quad \mu_B = \frac{e}{2m}, \quad g = 2$$

with the magnetic field generated by the angular momentum (Biot-Savart)[1]

$$\vec{B} = \vec{v} \times \vec{E}$$

→ energy of magnetic moment in "external" B-field:

$$H_2 = -\vec{\mu} \cdot \vec{B} = \frac{e}{m} \vec{S} \cdot (\vec{v} \times \vec{E}) = \frac{1}{r} \frac{\partial V(r)}{\partial r} \vec{L} \cdot \vec{S} = \frac{1}{r^3} \vec{L} \cdot \vec{S}$$

## CORRECTION III: DARWIN TERM

Caused by the *Zitterbewegung* (vibration which obeys relativistic wave equation) of the electron. Position varies by reduced Compton wave length

$$\delta r = \frac{\lambda_C}{2\pi} = \frac{1}{m}$$

Electrostatic interaction of electron with potential no longer local, "smearing" of the Coulomb interaction between electron and nucleus:

$$H_3 = \frac{e}{8m^2} \Delta \Phi$$

→ Interference between positive- and negative-energy wave components

## PHYSICAL INTERPRETATION: ENERGY LEVELS

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First order perturbation theoretical correction:

$$E = E_{n,l,j=l \pm \frac{1}{2}} \pm \Delta E_{n,l,j=l \pm \frac{1}{2}}$$
$$\Delta E_{n,l,j=l \pm \frac{1}{2}} = \frac{RyZ^2}{n^2} \frac{(Z\alpha)^2}{n^2} \left( \frac{3}{4} - \frac{n}{j + \frac{1}{2}} \right)$$

⇒ Fine structure! ( $\sim \alpha^2$ )

## PHYSICAL INTERPRETATION: FINE STRUCTURE

$n=2, l=0,1$  fine structure + Lamb shift + hyperfine structure

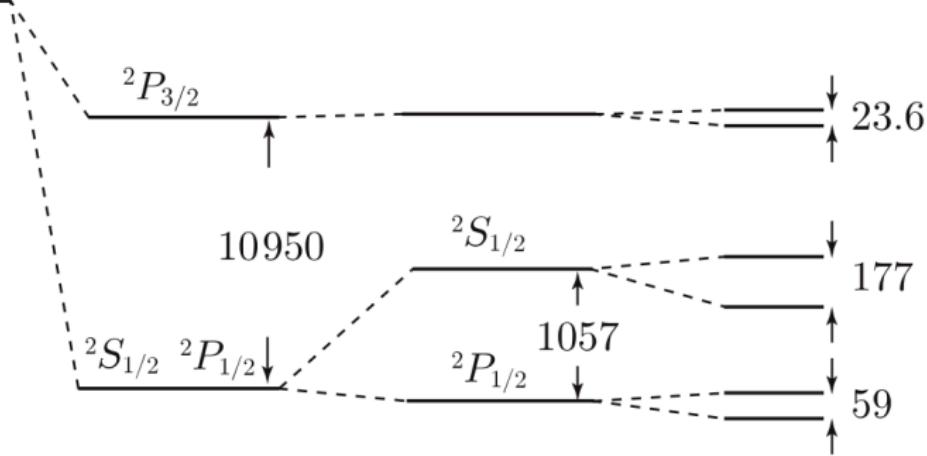


Figure 1: Consecutively finer splittings of the energy levels [3]

## Summary

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# SUMMARY

We've followed the following steps in this talk:

1. Find Ansatz for Hermitian  $S$
2. Unitary transformation of Hamiltonian
3. Discard odd terms whenever possible
4. Repeat steps 1 - 3 if necessary
5. Decouple Hamiltonian and thus Dirac equation

to mathematically reaffirm known correction terms:

$$H_1 = -\frac{(\vec{p}^2)^2}{8m^3} \quad \text{Relativistic mass correction}$$
$$H_2 = \frac{e}{4m^2} \frac{1}{r} \frac{\partial \Phi}{\partial r} \vec{\sigma} \cdot \vec{L} \quad \text{Spin-orbit coupling}$$
$$H_3 = \frac{e}{8m^2} \Delta \Phi \quad \text{Darwin term}$$

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## Appendix: Further corrections

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## APPENDIX: THE LAMB SHIFT

Not predicted by Dirac theory, must refer to orbital theory. Deviation of energy levels of  $^2S_{1/2}$  and  $^2P_{1/2}$  orbitals by

$$\langle \Delta\Phi \rangle = \frac{\alpha^5 m}{6\pi} \log\left(\frac{1}{\pi\alpha}\right) \sim 4.37 \mu eV$$

Caused by interactions between virtual photons and movement of electron in-between the two orbitals.

## APPENDIX: HYPERFINE CORRECTIONS

Not predicted by Dirac theory. Interaction between the magnetic moment of nucleus and the magnetic moment of electron (spin-spin interaction)

$$H_{HF} = \frac{e^2 g}{2\pi\epsilon_0\mu_K m} \vec{S} \cdot \left( -\vec{I} \Delta \frac{1}{r} + \vec{\nabla}(\vec{I} \cdot \vec{\nabla}) \frac{1}{r} \right)$$
$$\Rightarrow \Delta E \sim \alpha^4 \frac{m}{M}$$

Results in a splitting 1000 times more fine.

## APPENDIX: SPLITTINGS OF ENERGY LEVELS

